

ATLANTA HYPERTENSION INITIATIVE CHAMPION 2026 COMMITMENT RESOURCES

EMPOWER INDIVIDUALS AND COMMUNITY

PROMOTE HEALTH EDUCATION

- Share AHI health communication resources through social, digital or in-person channels.
⇒ RESOURCES: [Live to the Beat | Resources](#) and [Resources | Hypertension Bites](#)
- Engage community leaders or patients to participate in Live to the Beat Community Ambassadors training.
⇒ RESOURCE: [Live to the Beat | Community Ambassadors](#)
- Contribute resources to the Live to the Beat ATL patient resources website.
⇒ RESOURCE: [Live to the Beat | Heart2Heart Challenge](#)

PROMOTE SELF-MEASURED BLOOD PRESSURE MONITORING

- Implement a self-measured blood pressure monitoring program. Please describe the type of program being implemented, including partners, location, duration, support provided, your role, etc.
⇒ RESOURCE: [Million Hearts Self-Measured Blood Pressure Monitoring Resources](#)

PARTICIPATE IN AHI COMMUNITY / TRAINING

- Participate in the AHI LinkedIn Group.
⇒ RESOURCE: [AHI LinkedIn Group](#)

EQUIP HEALTH CARE PROVIDERS

ENGAGE AN AHI-SUPPORTED CLINICAL QUALITY IMPROVEMENT RESOURCE

- Utilize at least 1 AHI-supported clinical quality improvement (QI) resource from the list below
 - ⇒ Support from an AHI Clinical QI Planning Coordinator: [Sign up for a meeting here](#)
 - ⇒ RESOURCE: [AMA MAP Solutions](#)
 - ⇒ RESOURCE: [Target:BP](#)
 - ⇒ RESOURCE: [Million Hearts CDC Hypertension Change Packages](#)

SHARE HYPERTENSION CONTROL DATA

- Share previously reported data on the # of patients (ages 18-85) with diagnosed essential hypertension whose most recent blood pressure is adequately controlled (systolic blood pressure < 140 mmHg and diastolic blood pressure < 90 mmHg) during the 2025 measurement period
⇒ RESOURCE: The [Numerator](#) from commonly reported clinical quality measures such as CMS 165, MIPS Quality ID #236, NQF 0018